THERAPEDIA LONDON
Dr Greg Madison

Practice Information

Private Psychotherapy · Coaching · Psychological Services

Dr Greg Madison PhD AFBPsS

Chartered Counselling Psychologist
& Specialist Psychotherapist

BPS 41805 · HCPC PYL16243 · EAP · WCPC

EMAIL (PREFERRED)
contact@gregmadisontherapy.com

MOBILE (MESSAGES ONLY)
+44 (0)7941 300871

WEBSITE
gregmadisontherapy.com

01 Contact and Availability

ROUTINE CONTACT

- Please use email whenever possible.
- Mobile messages are checked daily **Tuesday–Thursday**, and I aim to reply by the next working day.

EMERGENCIES

If urgent, contact your **GP or A&E**. After doing so, please leave me a message on the mobile number above.

CLINIC DAYS

Tuesday, Wednesday, Thursday. Appointments begin and end on time; sessions are usually **50 minutes**.

02 Session Arrangements

INITIAL SESSION

A full first session where we explore what brings you to therapy, what you hope for, and whether working together feels appropriate.

ONGOING SCHEDULING

My practice is usually full, so weekly or fixed-time sessions may not always be possible. I will be transparent about availability from the start.

ENDING THERAPY

We will plan an appropriate and thoughtful ending together.

CANCELLATIONS

- No charge if cancelled **one week or more** in advance.
- The **full fee** applies for shorter notice, one week or less.

03 Online Sessions

Currently all sessions are conducted online via **Zoom, FaceTime, or alternatives**. To support a good internet connection:

- Close other programmes.
- If possible, ensure others are not using the same internet connection.

- Be in a **private, quiet, and comfortable** space.

If a technical issue occurs, please call back or text to switch platform or move to audio-only.

04 Professional Background and Ethics

I am:

- Chartered Counselling Psychologist (BPS)
- Registered Psychologist (HCPC)
- Specialist Psychotherapist (EAP, WCPC, Society for Existential Analysis)
- BPS Registered Clinical Supervisor
- Accredited Mediator (Bar Council & Law Society)
- Focusing Institute Coordinator (New York)

I adhere to all relevant **Codes of Ethics and Practice**. Confidentiality is strictly upheld except in rare situations where there is a legal or ethical duty to break confidentiality; where possible, I will discuss this with you beforehand.

All clinical work is supervised in accordance with professional standards, and supervision is also bound by confidentiality. In the event of an emergency affecting my ability to practise, my supervisor will contact you.

05 Orientation to Practice

My therapeutic orientation is **existential**, integrating depth, cognitive, and experiential approaches.

This involves exploring:

- Your thoughts, life assumptions, and beliefs
- Your emotional life and embodied experience
- Your relationships, dreams, transitions, and life direction

Sessions are conversational, with space to slow down and attend to emerging feelings. I am a member of the *Society for Existential Analysis*, *The International Focusing Institute*, and other professional bodies.

06 Use of Clinical Material in Professional Work

As a lecturer, researcher and writer, I may refer to my own clinical experiences in a **fully anonymised and fictionalised** manner, however, I never share identifiable client information in any teaching setting.

07 Professional Boundaries

If we meet outside therapy, I will not acknowledge you unless you acknowledge me first, to protect your confidentiality. We can discuss any incidental encounter in the next session.

Please feel free to ask if anything about our work together needs clarification.

08 Fees and Payment

Fees are payable **in advance or immediately after the session**, via **PayPal** (PayPal fees not included) or **bank transfer**, unless we agree otherwise. Once our work together has begun, I can send an end of month invoice for sessions if you prefer.

If using private health insurance, please confirm coverage with your provider **before the first session** to ensure they will reimburse you for the full fee.

HOW TO PAY

BANK	ACCOUNT NAME	PAYPAL
Monzo Bank	Therapedia London Limited	gregmadison@mac.com
SORT CODE	**ACCOUNT NO.**	
04-00-05	07722060	

INTERNATIONAL PAYMENTS IBAN GB53 MONZ 0400 0507 7220 60 BIC MONZGB2L